

VASCULAR GASTROINTESTINAL MALFORMATION IN CHILDREN - A CASE REPORT

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INTRODUCTION

Children suffering from intestinal vascular malformations may present with symptoms such as abdominal pain, emesis, gastrointestinal bleeding, obstruction or intussusception, diarrhoea, ascites, protein-losing enteropathy [1]; some cases are asymptomatic and the diagnosis may be delayed which lead to severe complications.

CASE REPORT

A boy aged 5 presented to the ER unit of our hospital with impaired general condition, high fever, vomits, intense abdominal pain and constipation for three days. The patient

had no significant clinical history and didn’t underwent previous abdominal ultrasonography. Clinical examination revealed abdominal guarding and contracture and a firm tumoral mass in the right abdominal flank and fossa of about 15 cm in diameter. Laboratory data showed severe pancytopenia (WBC=2670/mm³, NEU=89%, Hb=6,2 g/l, Ht=19,1%, PLT=16000/mm³), metabolic acidosis (HCO₃=16,3 mmol/L), impaired renal function (urea=44 mg/dl, creatinine=1,13 mg/dl), hypoproteinemia (TSP=31 g/l), hepatic cytolysis (AST= 257 U/l, ALT= 88 U/l).



Figure 1. Operative piece distal ileum, appendix and colon with extended hemorrhagic area



Figure 2. Operative piece: the lumen of the hemorrhagic mass that infiltrates the cecum wall

Ultrasonography and plain X-Ray showed massive overflow fluid in the peritoneum; emergency surgery was decided with the suspicion of acute peritonitis. Intraoperative findings were hemoperitoneum, intestinal occlusion caused by a „tumor” including the cecum and ascending colon and perforation of the transvers colon; a right extended hemicolectomy was performed.



Figure 3. Hemorrhagic colic mucosa with dilated vessels, HEx40

DISCUSSIONS

To our knowledge, there are worldwide only very few reports on vascular malformations of the small intestine in small children, mostly not larger than 3 cm [2,3]. They may occur anywhere along the intestinal system; the small bowel is the most frequent site with hemangiomas and vascular malformations accounting for 10% of all small bowel tumours [4]. Colonic and anorectal hemangiomas and vascular malformations are even rarer yet, with 200 cases documented from 1931 to 1974 [5,6]. Misdiagnosis is the theme with these lesions. Eighty percent of patients undergo one prior inappropriate surgical procedure [7,8,9]. In a series with five patients, four had undergone a hemorrhoidectomy [10]. A series evaluating rectosigmoid cavernous hemangiomas had misdiagnosed the GI bleeding as hemorrhoids and ulcerative colitis [7,8]. Another series of 47 patients had estimated a delay in diagnosis of 16 years [11]. Hemangiomas and malformations provide few exam findings. Distal lesions can be detected on digital examination, though these masses are not

Postoperative course was progressively worsening, with disseminated intravascular coagulation, hemorrhagic shock, sepsis and exitus within 24 hours with multiple organ failure. Histopathological report identified the „tumoral” mass as being a giant cavernous vascular malformation involving the cecum, the ascending and transverse colon.

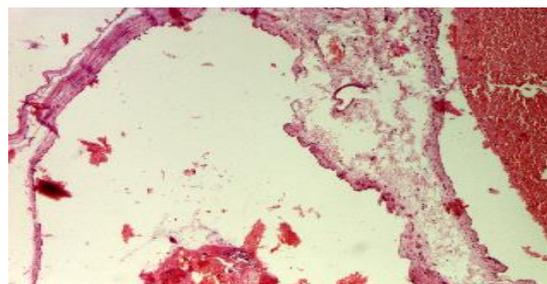


Figure 4. Dilated vessel with thrombus surrounded by hemorrhagic area, HEx40

usually overt. These tumours are soft and compressible, with a nodular sensation. When large, a mass on abdominal examination can sometimes be palpated. Evidence of chronic or acute blood loss will be present. In large consumptive masses, a decrease in clotting factors such as fibrinogen, platelets, and factors V and VIII is seen. Obstructive or polypoid lesions are the primary sign of hemangiomas and malformations identified by contrast studies [12]. Anterior displacement of the rectum and widening of the presacral space can be the result of the mass effect and soft tissue component of large cavernous rectal malformations. These masses may collapse with air insufflation.

On CT, pathognomonic findings consist of transmural enhancing bowel-wall thickening with or without phleboliths [12]. The extent of extramural extension and surrounding invasion can also be accurately evaluated on a CT scan. MRI can also add to diagnosis, especially in situations of rectal malformations [13]. On a T-2 weighted MRI, a high signal intensity can be seen, thought to be due to the slow flow. Increased signal

intensity is also noted in the perirectal fat with serpiginous structures correlating to the small vessels supplying the hemangioma. The findings mentioned are very specific findings, and not seen in any other clinical entities. That is why MRI can be more useful, perhaps, than CT. Colonoscopy is crucial in the evaluation and workup of hemangiomas and malformations [14,15]. As noted with air-contrast barium enemas, the polypoid lesions can collapse with insufflation. The upper GI tract should be evaluated to aid in the identification of synchronous lesions, and a complete colonoscopy done to assess the proximal extension. Biopsy is not recommended [16,17,18,19,20,21] due to the obvious potential for bleeding, although some have suggested biopsy with caution to promote an accurate diagnosis [22].

As with all GI bleeding, critical care and resuscitative efforts take first priority to ensure that hemodynamic stability is achieved. In true histologic hemangiomas, treatments with corticosteroids have been successful [23,24,25]. However, most GI-associated hemangiomas are actually vascular malformations; therefore, pharmacological options are not effective.

Ideal lesions of polypoid tumours with a narrow base have been successfully treated with snare polypectomy and cauterization

[26,27,28]. The argon plasma coagulation has also been reported to have success, even in instances of severe hematochezia [29]. This technique should only be used if surgery is not a feasible option.

Despite more-conservative options, the treatment of choice is surgical resection. The recommended treatment for rectosigmoid malformations prior to 1971 was abdominoperineal resection [16,17,30,31,32,33]. Because sphincter preservation is the goal, low anterior resection with mucosal resection is the current standard [34].

CONCLUSIONS

The benign vascular lesions of the gastrointestinal tract, extremely rare in children include hemangiomas, lymphangiomas and vascular malformations. Early imaging is essential in the diagnosis of these conditions and may prevent life-threatening events; if the abdominal ultrasound is unclear, barium enema, colonoscopy, scintigraphy, CT, MRI and also mesenteric arteriography are useful. In our case the disease had a prolonged silent evolution with a huge increase in the volume of malformation that led to intraperitoneal rupture with severe postoperative complications and exitus.

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